



# INDIAN ASSOCIATION OF PREVENTIVE AND SOCIAL MEDICINE

Founded in 1974  
(Registered Under Societies Act XXI of 1860 in 1984, New Delhi, Registration No. 14240)



## ‘स्वास्थ्यम्’

### IAPSM e- BULLETIN

*an Official Newsletter of the Indian  
Association of Preventive and Social Medicine*

**VOLUME 1 ISSUE 1**

**April – June, 2023**



#### **Chief Editor**

**Dr Krupal Joshi**

#### **Editor**

**Dr Bhautik Modi**

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**Dr Ratnesh Sinha**

**Dr Pentapati Siva Santosh  
Kumar**



Delighted to announce our inaugural newsletter, spotlighting impactful activities. Explore insightful activities, updates, and achievements shaping preventive and social medicine. Your active participation will enrich our collective journey. Let's propel public health forward, together.

**Dr A. M. Kadri, National President**



We're thrilled to unveil our very first newsletter, shining a light on activities that make a real difference. Dive into a world of enlightening endeavours, the latest progress, and notable accomplishments shaping the landscape of preventive and social medicine.

**Dr. Purushottam Giri, Secretary General**

## About Golden Jubilee year (2023-24) Action plan from the desk of the President, IAPSM



*Dear Esteemed Members of IAPSM,*

I am feeling privileged to represent the apex professional organization of Community Medicine / Preventive & Social Medicine for the year 2023-24.

Recently we have celebrated **Golden Jubilee Conference**. It is an important milestone in the life of any Association. This is a Golden Jubilee Year. With the support of all of you, we envisage to celebrate this year as **Golden Jubilee year**. We will have a **Golden Jubilee year Action plan** for this year. I am happy to share my **Gold Jubilee Year Vision** for this plan.

**FIFTY** activities will be carried out, focusing on **FIVE** focus areas, using **THREE** principles with **TWO** approaches and **ONE** goal at the core. They may be perused as below.

### Five Focus areas:

1. **Individual Level:** Create greater opportunities to groom IAPSM members as Community Medicine Experts, Consultants, Teachers, Trainers and Researchers.
2. **Institutional Level:** leveraging Medical Collages to create a greater network for various activities, i.e. World Health Day Quiz, Subnational Tuberculosis Certification, Research, technical support etc.
3. **State Level:** Strengthening state chapters to make them more vibrant and dynamic. Creating IAPSM Council of all state Head office bearers.
4. **Naotional Level:** Creating more committees and having annual action plan of IAPSM to institutionalize and advance the gain attained.
5. **Beyond IAPSM:** Reaching out to People, Policy Makers, Planners and Partners to attain the objectives of the IAPSM and goal of Community Medicine Discipline.

### Three Principles

1. **Inclusive:** Including as many as interested members from all corner of the country
2. **Collectivism:** Creating synergy of different talents and potentials.
3. **Incremental:** Striving to achieve greater than what has achieved yesterdays.

**Two Approaches:** Acting as facilitators and Catalyst rather than a Controlling Office.

**One Goal:** Taking IAPSM to Further Heights.....

*I am sure Together We Can and We Will*

*Yours truly*

Dr. A. M. Kadri  
National President  
(2023-24)

## Section 1 - IAPSM Activities



### Conferences organized by the IAPSM or under the banner of IAPSM

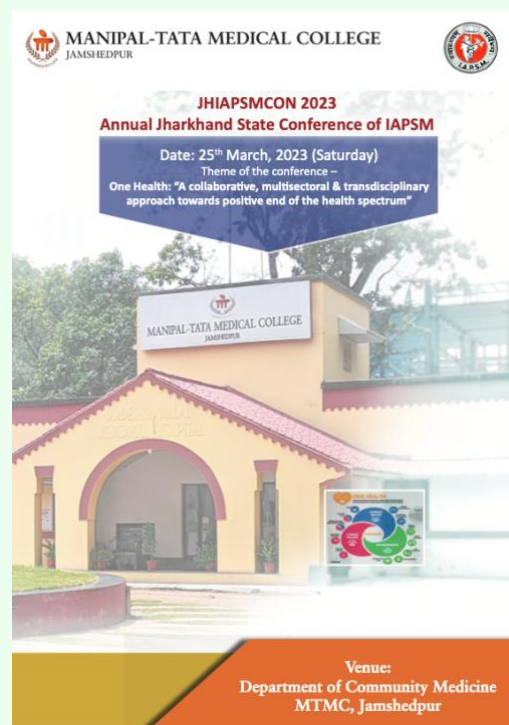
#### Completed

1. The 50th Annual National Conference of IAPSM was conducted from 02nd - 04th February 2023 and organized by the Department of Community and Family Medicine, AIIMS Bibinagar, at the National Institute of Nutrition, ICMR, Tarnaka, Hyderabad, Telangana. The conference was preceded by a pre-conference on 6 interesting thrust areas of public health.

#### Conferences organised under State Chapters

1. A total of 14 IAPSM State Chapters and Zonal Conferences across India took place in the last one year. List of states that successfully conducted IAPSM State Chapters and Zonal Conferences are Gujarat, Andhra Pradesh, Karnataka, Tamil Nadu, North Zone-Punjab, Himachal Pradesh, Odisha, Uttar Pradesh-Uttarakhand, Bihar, Rajasthan, Puducherry, Jharkhand, West Bengal, Maharashtra

2. JHIAPSMCON 2023 (Annual Jharkhand State Conference of IAPSM) was organized by Dept. of Community Medicine, Manipal Tata Medical College, Jamshedpur, Jharkhand on with the theme of One Health on 25/03/2023. Dr. Jarina Begum, Prof. & Head, was the Organizing Chairperson and Dr. Abhishek Kumar was Organizing Secretary. This conference was attended by 48 participants. Out of total 24 submitted abstracts of scientific research, 12 were presented in oral sessions and 12 were presented in poster sessions.





## Governing Council Meeting

General Body meeting of IAPSM on 02nd February 2023 at 50th (Golden Jubilee) National Conference of IAPSM at Hyderabad, Telangana



**IAPSM Governing Council, 2023-24 Meeting**

Pre-conference online Governing Council (GC) meeting of IAPSM (2023-24) was held on 23 April 2023.

## Awards, Fellowship, Appreciation, Oration and recognition

**Fellowship of IAPSM awarded to 12 IAPSM members for their exemplary contribution towards the discipline**

Dr Arun Kumar Yadav  
 Dr Prof. Ashok Kumar  
 Dr Neelam Anupama Toppo  
 Dr Pankaj Bhadwaj  
 Dr Paragkumar Chavda  
 Dr Purushottam A Giri  
 Dr Rajiv Kumar Gupta  
 Dr Rakesh Bahl  
 Dr Rashmi Sharma  
 Dr S Mohammad Salim Khan  
 Dr S.K.Sing  
 Dr Sangeeta Kansal

**Presidential Appreciation Awards to young budding enthusiastic achievers among IAPSM members**

Dr Anusha Rashmi  
 Dr Bhautik Modi  
 Dr Dimple Vijay Kishanrao  
 Dr Harshal Ramesh Salve  
 Dr Johnson Cherian  
 Dr Kalpita Shringarpure  
 Dr Medha Mathur  
 Dr Mohammad Waseem Ansari  
 Dr Neeti Rustagi  
 Dr Priyamadhaba Behera  
 Dr Vinod Gnana Chellaiyanx

**Star Performer Awards for good performing State IAPSM Chapters**

Gujarat  
 Maharashtra  
 UP UK  
 North Zone  
 Andhra Pradesh

**Harcharan Singh Oration was awarded to Dr. Anil J Purty during 50th Annual National Conference of IAPSM from 02nd - 04th February 2023 at the National Institute of Nutrition, ICMR, Hyderabad.**

## Important Collaborations of IAPSM with other organizations

- With Central TB division, Ministry of Health & Family Welfare (MoHFW), ICMR, World Health Organization (WHO Country Office) and Indian Association of Preventive and Social Medicine (IAPSM) are collaborators for implementation of the survey at national level, the TB free Certification process, Sub National Certification (SNC) for TB Free status under the National Tuberculosis Elimination Programme – IAPSM -NTEP Committee
- MoU with Indian Association of Palliative Care to promote palliative care education and awareness across the country.
- MoU with the Foundation for People-Centric Health Systems (FPHS) – Dr. Chandrakant Lahariya
- MoU with National Health System Resource Center (NHSRC) a Technical Support Institute with National Health Mission – (Major) Dr. Atul Kotwal
- MoU with TB PPM Learning Network, India Chapter (TBPPM-LN India) – Dr. Vijayashree Yellappa  
MoU with Breastfeeding Promotion Network of India (BPNI)- Dr. Arun Gupta
- MOU was signed between IAPSM and IIPH Gandhinagar for hosting online courses such as Research Methodology, Leadership, etc. It will go long way in collaboration and strengthening of training in public health between two organizations with mutual benefits for both organizations. MOU was signed by Dr A M Kadri (President IAPSM) and Dr Deepak Saxena (Director, IIPH G).



## Nationwide Competition

### World Health Day Quiz, 2023

World Health Day Quiz, a pan India activity in 28 states and 8 UTs. With an impressive participation of 20,472 MBBS students from 370 medical colleges across all 28 states and 8 union territories of India, the quiz competition garnered immense interest and engagement. This outstanding accomplishment has been recognized and featured in the esteemed OMG Book of Records for the year 2023. The success of this monumental event can be attributed to the meticulous planning of the National Coordinators, **Dr. Krupal Joshi, Dr. Medha Mathur, and Dr. Varun Gaiki** under the guidance and support of Dr. Purushottam Giri, the Secretary-General of the National IAPSM, and Dr. A.M. Kadri, President of the National IAPSM.

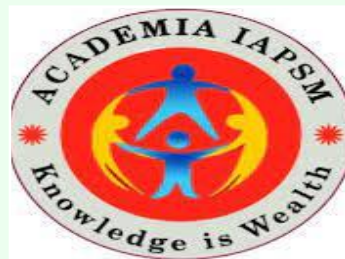
This outstanding accomplishment has been recognised and featured in the esteemed OMG Book of Records for the year 2023.

- The Indian Association of Preventive and Social Medicine (IAPSM) achieved an extraordinary feat during the World Health Day 2023 celebrations by hosting a National-level World Health Quiz. This remarkable accomplishment has been officially recognized and immortalized in the renowned OMG Book of Records, which has included it in its esteemed 2023 edition.
- With an impressive participation of 20,472 MBBS students from 370 medical colleges across all 28 states and 8 union territories of India, the quiz competition garnered immense interest and engagement. This widespread enthusiasm demonstrated the unwavering commitment of medical students to broaden their understanding of public health and preventive medicine.
- The success of this monumental event can be attributed to the meticulous planning of the National Coordinators, Dr. Krupal Joshi, Dr. Medha Mathur, and Dr. Varun Gaiki. Their tireless efforts ensured the smooth execution of the quiz, making it a resounding success.
- None of this would have been possible without the invaluable guidance and support of Dr. Purushottam Giri, the Secretary-General of the National IAPSM, and Dr. A.M. Kadri, the President of the National IAPSM. Their visionary leadership provided the necessary impetus for organizing this prestigious national-level quiz competition.
- Inclusion in the esteemed OMG Book of Records is a testament to the significance and impact of the IAPSM World Health Quiz on medical education and public health in India. By promoting knowledge and fostering healthy competition, this quiz has played a vital role in advancing medical expertise and preventive medicine throughout the country.
- This monumental achievement serves as an inspiration to the Indian Association of Preventive and Social Medicine, all the state coordinators, medical college (Institute) nodals, the participants, and the organizers. Their unwavering dedication to healthcare and education has set a remarkable precedent for future generations, motivating them to strive for excellence in the field of medicine.





# ACADEMIA IAPSM



**IAPSM  
online Courses**

**IAPSM  
Textbook**

**IAPSM  
e-Connect**

## Course under the banner of IAPSM

### Short course on Research Methodology

Second round of short courses in health research methodology conducted by IAPSM in collaboration with IIPHG. Course will be commencing on September 1st 2023. There are 6 modules namely Basic research methodology, Quantitative research, Qualitative research, Operational Research and health system research, Economic evaluation, Systematic review and meta-analysis. Details of the course and fees mentioned in the brochure the following is the link for registration for the workshop.

<https://forms.gle/iWZxQ4ApkyTvZVpL6>

**Indian Association of Preventive & Social Medicine**  
In association with IIPHG  
**A SHORT COURSE ON RESEARCH METHODOLOGY**  
An Official Certification Course 2.0

**Office Bearers**

Dr. Harinath Chopra Immediate Past President	Dr. A M Kadii President	Dr. Anant Kulkarni President Elect	Dr. Parashram Giri Secretary General	Dr. Manish Rana Treasurer
Dr. Sanjay Reddy Mentor	Dr. Barkhi Kundapur National Co-ordinator	Dr. Deepika R National Co-ordinator	Dr. Rupa Waf Examination Incharge	Dr. Renu Yadav Technical Incharge

**Program co-ordinators**

<b>Module 1. Basic research methodology</b>	<b>Module 2. Quantitative research</b>
Dr. Manjula R	Dr. Meely Panda
Dr. Sahita R Das	Dr. Bhushan Kamble
<b>Module 3. Qualitative research</b>	<b>Module 4. Operational research &amp; Health system research</b>
Dr. Anusha R	Dr. Bhavesh M
Dr. Manu Nellianni	Dr. Shalaja Patil
Dr. Deepak Suresh	Dr. Samit M
<b>Module 5. Economic evaluation</b>	<b>Module 6. Systematic review &amp; meta analysis</b>
Dr. Sudhir Prabhu H	Dr. Pankaj Bharadwaj
	Dr. Akhil Danesh Giel
	Dr. Sathantira Kannan

### Foundation Course on Leadership in Public Health (FLPH)

**Indian Association of Preventive and Social Medicine**  
in collaboration with  
Indian Institute of Public Health Gandhinagar brings  
**FOUNDATION COURSE ON LEADERSHIP IN PUBLIC HEALTH (FLPH)**  
Course Duration: 3 Months (Oct - Dec 2023)

**36 participants** will be selected

**Target participants for Course**

- PG students of Community Medicine of basic recognized medical college of India abroad
- Participants must be a life members of IAPSM

**Course fee** Rs. 7000/-  
\*Includes course material, certificate, and exam fee

**Learning Process**  
Fact → Reflect → Act → Share

**Brief Course Design**

Online opening Workshop (6 hrs):  
Leadership concepts, skills and styles; Personal and Professional Development plan (PPD); Topic Assignment as moderator; Online discussion technique

Online Monthly Discussions (3 Months):  
Week 1-3: Weekly online discussion on selected topics; Week 4: Reflection; Month End - Meet Public Health Leader (1 hr)

Workplace Application of Leadership skills; Execution of PPD Plan

Closing 1-Day On-site contact session:  
Tentative date - 7 Feb 2024, Mangalore  
Full-Day Workshop, PPD Report Presentation, Experience Sharing, Certification

**IMPORTANT DATES**  
Online Registration Starts: 15th Aug 2023  
Online Registration Closes: 31st Aug 2023

SCAN FOR REGISTRATION

The Foundation Course on Leadership in Public Health (FLPH) is planned by IAPSM in collaboration with IIPHG.

This will be a 3 month course and main focus will be on Leadership concepts, skills and styles; Personal and Professional Development plan (PPD).

The outline of the course will be as follow.

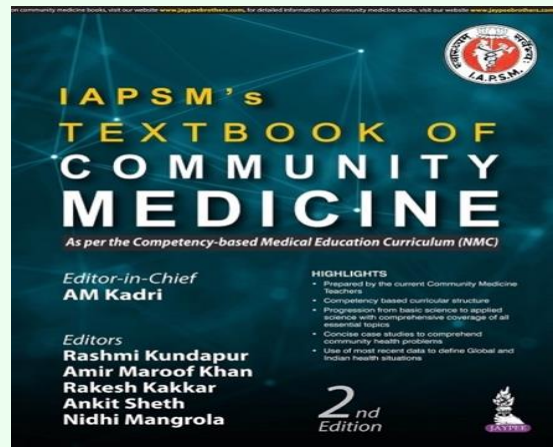
Week 1-3: Weekly online discussion on selected topics;

Week 4: Reflection;

Month End - Meet Public Health Leader (1 hr)

## Book published

- IAPSM'S Textbook of Community Medicine [Print Replica] Kindle Edition is available now on Amazon



## IAPSM eCONNECT

### IAPSM e-Connect

Link: [www.youtube.com/c/IAPSMConnect](http://www.youtube.com/c/IAPSMConnect)

**Audience:** Public Health Professionals & Postgraduate Students

#### Coordinating Team:

Dr Parag Chavda  
Dr Archisman Mohapatra  
Dr Malatesh Undi  
Dr Rivu Basu  
Dr Abhishek Raut  
Dr Gitismita Naik  
Dr Malathi M  
Dr Hemangini Shah  
Dr Nishant Krishna  
Dr Rabbanie  
Dr Satabdi Mitra

#### List of series in this channel:

Covid Webinars  
Health Days Observation  
Public Health Update Series  
Authors Speak Series  
Good Academic Practices  
PG Seminars

### Citizen Health

Link: <https://www.youtube.com/c/CitizenHealth>

**Audience:** General Public at large including anyone who is interested in public health matters

#### Coordinating Team:

Dr Parag Chavda  
Dr Medha Mathur  
Ms. Ritu Yadav

#### List of series in this channel:

People's Health, It Matters

### Community Medicine Undergraduate IAPSM

Link: [https://www.youtube.com/channel/UCZqhy\\_G2wokI8L\\_WX2541bg](https://www.youtube.com/channel/UCZqhy_G2wokI8L_WX2541bg)

**Audience:** Undergraduate students pursuing MBBS and allied health professions courses

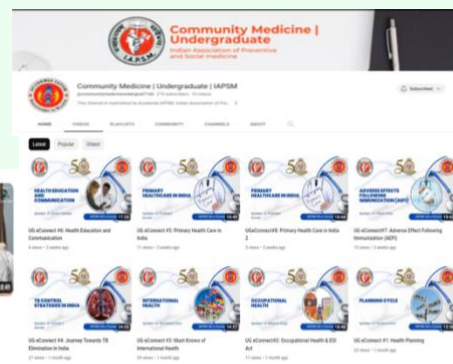
#### Coordinating Team:

Dr Priti Solanky  
Dr Himashree Bhattacharyya  
Dr Rashmi Agarwalla  
Dr Waseem Ansari  
Dr Liaquat Roopesh Johnso  
Dr Parag Chavda

#### List of series in this channel:

ICMR STS Guidance Sessions  
UG Exam preparation guidance session





**Statistics (April – Aug 2023)**

Parameter	Jan 2021- March 2023	April – Aug 2023
Channel views	82,000	28,000
New Subscribers	3400	1100
Lectures	6	15
PG Seminars	-	4
Journal Club presentations	-	2
Public Health Update Capsule	10	1
Career Track Interviews	-	1
UG Lectures	2	8
Citizen Health Interviews	88	5

<u>PG Lectures Frequency - Weekly</u>	<u>PG Seminars Frequency - Monthly</u>	<u>Journal Club Presentations Frequency - Monthly</u>
Critical Appraisal of National Health Programs dealing with Tropically Neglected Diseases Environment Health and it's challenges - A Critical Analysis Operational Research - What How and Why Strategies and Approaches used to address health and well-being needs of adolescents and young people in India. Implementation Research and Principles Experience from working with High Risk Groups under NACP E portfolio for post graduate students of Community Medicine Critical Appraisal of National Health Programs dealing with Tropically Neglected Diseases. [II]	Health Technology Assessment Palliative Care	Prevalence and determinants of delays in care among premature deaths due to acute cardiac conditions and stroke in residents of a district in India. <i>The Lancet Regional Health SEA</i> Metabolic non-communicable disease health report of India: the ICMR-INDIAB national cross-sectional study (ICMR-INDIAB-17)

<u>UG Lectures</u>	<u>Citizen Health</u>
International Health Tuberculosis control strategies in India Occupational health Planning cycle AEFI Postnatal care	People's Health:Episode-91: Sleep Hygiene People's Health:Episode-92: Healthy lifestyle People's Health:Episode-93: Pathway to longevity: the role of preventive health checkups

## Webinar, online lectures, resource person

- Webinar On “World Population Day 2023” titled "Addressing Population Challenges - Promoting Family Planning for Happiness and Prosperity" organised Jointly by IAPSM and FPMS.
- Webinar on “Understanding Fatty Liver” on World Hepatitis Day 28.07.2023 by Dr Chandrakant Lahariya and Dr Meenal Thakare under the banner of IAPSM
- “Preventing Hypertension - Empowering Health Through Lifestyle Choices” on 12th July 2023
- Public Awareness Webinar series on Staying Healthy is being organised as a part of the MoU between IAPSM and FPMS

**Addressing Population Challenges: Promoting Family Planning for Happiness and Prosperity**  
11th July 2023 | 6 to 7 PM

**Speakers**

- Air Vice Marshal Dr. Rajiv Bhatnagar, Principal and Dean, Pravara Rural Medical College
- Dr. Savitri Das, United Nations Population Fund (UNFPA), India
- Dr. Gurinderbir Singh, Director, Health Services, Punjab

**Moderators**

- Ms Indira Bhasin, Communication Specialist and Honorary fellow, FPMS
- Dr Meenal Thakare, Joint Secretary, IAPSM

Supported by IAPSM  
Register on the given link. | Please contact Dr Twinkle Sharma (contact@fphsindia.org) for queries.

**UNDERSTANDING FATTY LIVER AND IT'S PREVENTION**  
28th July 2023 | 6 to 7 PM

**TOPICS**  
Fatty Liver: Prevention & Management  
The role of Exercise in Preventing Liver Disease.  
Prevention Hepatology: Addressing Liver Health Challenges  
Role of Fibroscan in Liver Disease

**MODERATORS**

- Dr. Chandrakant Lahariya, Physician and Public Health Expert
- Dr Meenal M Thakare, Joint Secretary, IAPSM

**PANELISTS**

- Dr Tarun Sharma, Associate Professor (Internal Medicine) AIIMS Bilaspur HP
- Dr. Rabbanie Tariq, Preventive & Lifestyle Medicine Physician SKIMS, Srinagar.

Registration Link: <https://forms.gle/xRqbtocDbWxJKFb7>

Supported by IAPSM  
Register on the given link. Please contact Dr Twinkle Sharma (contact@fphsindia.org) for queries.

**Public Awareness Webinar Series on Staying Healthy**  
JULY - DEC 2023  
Second Wednesday of every month from 6:00 to 7:00 pm

**SCHEDULE & STRUCTURE**

- 12 July 2023: HYPERTENSION
- 09 August 2023: LIPID DISORDERS
- 13 September 2023: DIABETES
- 18 October 2023: MENTAL HEALTH
- 08 November 2023: OBESITY AND OVERWEIGHT
- 13 December 2023: THYROID DISORDERS

**Session plan**  
Three experts each:  
• Epidemiology (a public health specialist).  
• Management in primary care settings (family physician or general practitioner).  
• Secondary care or tertiary care level (by a specialist).

Moderated by: **DR. CHANDRAKANT LAHARIYA**

**Webinar Coordinators**

- Dr. Meenal Thakare, Joint Secretary, IAPSM
- Dr. Twinkle Sharma, Program Officer, FPMS

**Leadership Team**

- Dr. AM Kadi, President, IAPSM
- Dr. Parvathiam Gini, Secretary General, IAPSM
- Dr. Chandrakant Lahariya, Senior Physician and Public Health Expert

This webinar series is being organized as part of the MoU between IAPSM and FPMS.  
• A third professional association related to that topic of webinar will be co-organizing.  
• The webinar will be live streamed on the YouTube channel of FPMS.

**Webinar on HYPERTENSION**  
"Preventing Hypertension: Empowering Health through Lifestyle Choices"  
12th July 2023 | 6 to 7 PM

**Speakers**

- Prof. Sreenivasa Murthy, Senior consultant Physician and Diabetologist, Lifecare Hospital and Research Centre, Bangalore
- Ms Eshanka Wahi, Founder of Eat Clean with Eshanka
- Dr Raman Kumar, National President, Academy of Family Physicians of India

**Moderator**

- Dr Chandrakant Lahariya, Senior Consultant Physician, New Delhi

**LIVE** <https://youtube.com/@FPMS>

[fphsindia@fphsindia.org](mailto:fphsindia@fphsindia.org) | [fphsindia](https://www.facebook.com/fphsindia) | [@FPMSINDIA](https://www.instagram.com/fphsindia) | [fphsngo](https://www.youtube.com/channel/UCfphsngo)

- Guest lecture on “Governance and Regulation in Education with Special Reference to Medical Education” Government Medical College, Srinagar on 27.04.2023 under the banner of IAPSM.

- 16th three-day workshop on “Research Methodology” 23-25 May 2023, by GMC, Srinagar under the banner of IAPSM.
- Workshop on “Systematic Review and Meta-analysis” on 12-13 June 2023, GMC, Srinagar under the banner of IAPSM.
- Panel discussion on “Shaping the Future of Tech4Health” on 28.05.2023 with Dr. Annarao Kulkarni, President Elect, IAPSM.
- “75 Years of Improving Public Health: Health for All” organized by the Delhi Chapter of IAPSM and the Delhi Chapter of IPHA ON 05.04.2023.
- 4th Inter Collegiate Academic Programme (IAPP) for Postgraduates, by IAPSM, Karnataka state chapter on 17.02.2023 with Dr. Annarao Kulkarni, President-Elect IAPSM as Resource person and Dr. Poonam R Naik, Vice President, IAPSM, Karnataka as moderator.

### **Noteworthy achievements or contributions of any IAPSM member**

- Professor Sanjay Zodpey, President of, the Public Health Foundation of India and senior IAPSM member received an honorary doctorate (honoris causa) at the University of Sydney for his contributions in public health in India and worldwide.
- Dr Ramesh Verma, Professor, PGIMS Rohtak and esteemed member of IAPSM received the HMC excellence award at Ambala Haryana on doctor day honoured by Smt G Anupama ACS health Haryana govt.

### **IAPSM Golden Jubilee Presidential Action Plan**

Sr.	Title of the committee/ task	Chairperson
1	Academia- IAPSM Committee	Dr. A. M. Kadri
2	Analysis and Compilation of Nationwide Best Practices in teaching and field work in Community Medicine	Dr. Meenal M Thakare
3	IAPSM eConnect Committee	Dr. Parag Chavda
4	IAPSM NTEP Committee	Dr. Bhavesh Modi
5	IAPSM MIYCN Committee	Dr. Pragati Chhabra
6	IAPSM Connecting the Dots Programme in Young Leaders' Conclave	Dr. Abhishek Raut
7	IAPSM Adult Immunization Committee	Dr. Madhu Gupta
8	IAPSM Research Methodology Course	Dr. Rashmi Kundapur
9	Healthcare Leadership Course of IAPSM	Dr. Shib Sekhar Datta
10	IAPSM Liaison officer	Dr. Archisman Mohapatra
11	IAPSM- eNews letter & eAnnual report	Dr. Krupal Joshi
12	IAPSM – website	Dr. Meenal M Thakare
13	Health Days Celebration/ Observation	Dr. Meenal M Thakare



Press Releases

# एलएनसीटी यूनिवर्सिटी में नेशनवाइड वर्ल्ड हेल्थ डे पर क्विज प्रतियोगिता

# वर्ल्ड हेल्थ डे के उपलक्ष्य में क्विज प्रतियोगिता आयोजित



चिकित्सा विभाग) डॉ. डी.के. पाल के निर्देशन में संपन्न हुआ सामुदायिक चिकित्सा विभाग की प्रदेश नोडल अधिकारी डॉ. म्रुजा कोशल, सौनिपर रोजेंट डॉ. सौरभ कुमार ने कार्यक्रम का संचालन में मुख्य भूमिका निभाई इसके अतिरिक्त पी.जी.यु. जी. के छात्रों का भी महत्वपूर्ण योगदान रहा विभाग का अन्य नौ शैक्षिक स्टाफ भी उपस्थित रहा इस प्रतियोगिता में टीम डी के सदस्य अभय श्रीवास्तव दिव्यांशु शर्मा एवं अद्वान खान को विजेता घोषित किया गया प्रतियोगिता की विजेता टीम को एलएनसीटी यूनिवर्सिटी के चॉसलर जे.एन चौकसे यूनिवर्सिटी के प्रो. चॉसलर डॉ. अनुपम चौकसे वाइस चॉसलर डॉ. एन.के धापक एवं रजिस्टर अजीत कुमार सोनी के साथ समस्त स्टाफ ने बधाई दी।



खंडवा। नंदकुमारसिंह चौहान शासकीय चिकित्सा महाविद्यालय खंडवा में सोमवार को 75वां वर्ल्ड हेल्थ डे के उपलक्ष्य में इंडियन एसोसिएशन ऑफ प्रिवेंटिव एंड सोशल मेडिसिन क्विज का आयोजन किया गया, जिसका विषय हेल्थ फॉर ऑल था। यह क्विज इंडियन एसोसिएशन ऑफ प्रिवेंटिव एंड सोशल मेडिसिन द्वारा प्रति वर्ष कराया जाता है। क्विज कॉलेज लेवल पर दो राउंड में करवाया गया, जिसमें पहले राउंड में फस्ट एवं थर्ड ईयर के 197 स्टूडेंट्स की 67 टीम थी और जिनमें से 4 टीम फाइनल राउंड में पहुंची। फाइनल राउंड के विजेता प्राची शर्मा, पूजा पाटीदार, तहरीन बानो रही। क्विज के फाइनल राउंड में डॉ. अनंत ऑल था। यह क्विज इंडियन एसोसिएशन ऑफ प्रिवेंटिव एंड सोशल मेडिसिन द्वारा प्रति वर्ष कराया जाता है। क्विज कॉलेज लेवल पर दो

भोपाल कोलर रोड एलएन मेडिकल कॉलेज एलएनसीटी यूनिवर्सिटी भोपाल और आई.ए.पी.एस.एम. के संयुक्त तत्वाधान में नेशनवाइड वर्ल्ड हेल्थ डे 2023 का आयोजन किया गया प्रश्नोत्तरी का एलिमिनेशन राउंड 5 अप्रैल को 87 टीमों के बीच संपन्न हुआ था कार्यक्रम के मुख्य अतिथि एलएन मेडिकल कॉलेज की डीन डॉ. नलिनी मिश्रा व डीन एकेडमिक्स एवं विभागाध्यक्ष (सामुदायिक

## विश्व स्वास्थ्य दिवस पर इंडेक्स मेडिकल कॉलेज, इंदौर में आयोजित हुई क्विज



अंतिम राउंड में शामिल समस्त 12 प्रतिभागि

इंदौर। इंडेक्स मेडिकल कॉलेज, इंदौर के सामुदायिक चिकित्सा विभाग और आईएपीएसएम (IAPSM) मध्यप्रदेश के संयुक्त तत्वाधान में, 10 अप्रैल 2023 को विश्व स्वास्थ्य दिवस के उपलक्ष्य में छात्रों के लिए "हेल्थ फॉर ऑल" विषय पर नेशन वाइड क्विज का सफलता पूर्वक आयोजन किया गया। कार्यक्रम में इंडेक्स मेडिकल कॉलेज के

डीन डॉ. जी.एस. पटेल, एचओडी डॉ. वि.के. अरोरा, डॉ. आरती, डॉ. नारंग, नोडल अधिकारी डॉ. लुबना शेख और शिक्षक गण, इंटीन व छात्र उपस्थित रहें। प्रतियोगिता के अंतिम राउंड में शामिल समस्त 12 प्रतिभागियों को डीन द्वारा प्रशस्ति पत्र दे कर सम्मानित किया गया।

## कशिश, सात्विका और अदिति बने क्विज के विनर नेताजी सुभाषचंद्र बोस मेडिकल कॉलेज में विश्व स्वास्थ्य दिवस के उपलक्ष्य में हुआ आयोजन



जबलपुर। विश्व स्वास्थ्य दिवस के उपलक्ष्य में नेताजी सुभाष चंद्र बोस चिकित्सा महाविद्यालय में एमबीबीएस छात्रों के लिए प्रश्नोत्तरी का आयोजन गत दिवस हुआ। कम्युनिटी मेडिसिन के विभागाध्यक्ष प्रो. डॉ. राजेश तिवाड़ी के नेतृत्व में हुई प्रतियोगिता में राष्ट्रीय स्तर पर देशभर से 370 मेडिकल कॉलेजों ने हिस्सा लिया। मेडिकल कॉलेज में प्रथम स्तर पर चौबीस टीमों और फाइनल राउंड में चार टीमों का चयन हुआ। नोडल अधिकारी डॉ. नीरज राय, सहप्रध्यापक कम्युनिटी मेडिसिन ने बताया कि शुभारंभ पर डीन प्रो. डॉ. गीता एहृन, सुपरिन्टेण्डेंट प्रो. डॉ. अरविंद शर्मा, प्रो. डॉ. नोल्म टॉम्पो, प्रो. डॉ. प्रसांत पुणेकर, डॉ. शक्ति नंदवानी, डॉ. प्रशांत वर्मा, डॉ. रवीन्द्र विश्वादे, डॉ. कुलदीप सिंह, मनमोहन भक्कड़ एवं पीएसएम के सदस्य उपस्थित रहे। सह-नोडल अधिकारी डॉ. प्रीति गुप्ता ने बताया कि प्रतियोगिता में करिश्मा नंदवानी, सात्विका दुबे, अदिति उम्लत विजेता रहे। वहीं हार्शिता सिंह, स्नेही सादटा, जर्ना पटेल उर्ध्वविजेता रहे। टीमों को पदक और सर्टिफिकेट वितरित किए गए।

## नेशनवाइड क्विज काँटेस्ट में 189 एमबीबीएस स्टूडेंट्स शामिल, छात्राओं की टीम बनी विजेता

विनर उजाला

इंदौर। यूनाइटेड नेशन द्वारा तय 17 सस्तेनबल डेवलपमेंट लक्ष्यों में से सौधे स्वास्थ्य से संबंधित लक्ष्य क्या है? वच्ने से जुड़े किस न्यूट्रीशनल माइलस्टोन के लिए आंगनवाड़ी सेंटर में अग्रप्रसन दिवस मनाया जाता है? राष्ट्रीय बाल स्वास्थ्य कार्यक्रम (आरबीएसके) के तहत डिजीज, डिफेक्ट्स और डिफिशिएंसीव के अलावा चौथा डो क्या है? ये और सैहस से जुड़े ऐसे ही रोचक एवं ज्ञानवर्धक सवाल वर्ल्ड हेल्थ डे के मौके पर श्री अरविंदो मेडिकल कॉलेज में इंडियन एसोसिएशन ऑफ प्रिवेंटिव सोशल मेडिसिन के बैनर तले आयोजित क्विज काँटेस्ट में एमबीबीएस स्टूडेंट्स



### वर्ल्ड हेल्थ डे के मौके पर श्री अरविंदो मेडिकल कॉलेज में आई.ए.पी.एस.एम. के बैनर तले परस्त्री गई स्टूडेंट्स की सेहत से जुड़ी नौलें

से पूछे गये। इस आधार पर निदेशक डॉ. महक भंडारी के निर्देशन में हुई इस प्रतियोगिता में स्टूडेंट्स की सेहत से जुड़ी नौलें

शैली सिंह) थीं। आईएपीएसएम का इंडेक्स के आयोजन: आईएपीएसएम का इंडेक्स के अनुसूच कॉलेज के कम्युनिटी मेडिसिन विभाग के द्वारा आयोजित दो दिनी कॉम्पिटिशन के विजेताओं को पुरस्कार विशेष अतिथि डीन डॉ. आर.आर. वावरे, डीन (स्टूडेंट्स वेलफेयर) डॉ. चयश्री तारपंडिया और विभागाध्यक्ष डॉ. अजीत देशपांडे ने वितरित किये। कार्यक्रम का मुख्य अतिथि श्री अरविंदो विश्वविद्यालय की कुलपति डॉ. ज्योति बिंदल थीं। स्वास्थ्य से जुड़े इस अत्यंत रोचक एवं ज्ञानवर्धक क्विज काँटेस्ट का संचालन और समन्वय डॉ. डॉली मंत्री मेहता ने व्यक्त किया।



## Upcoming Events of IAPSM

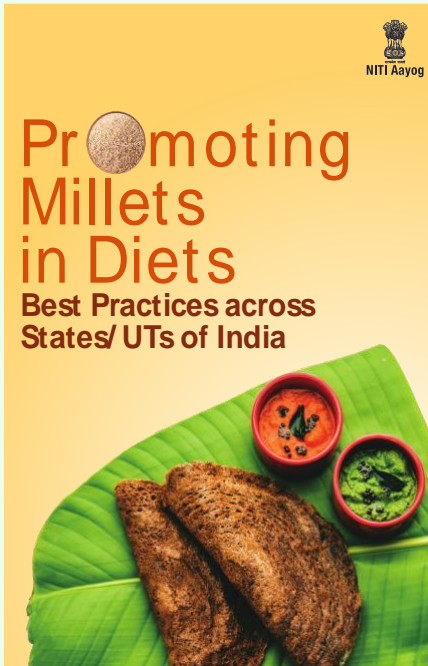
The 3rd IAPSMCON2023- Karnataka Chapter will be organized by Department of Community and Family Medicine, BLDE (Deemed to be university), Shri B.M. Patil Medical college, Hospital & Research centre, Vijayapura on the theme of Environment & Health – Equitize, Educate, Empower- A step towards attaining SDGs on 15-16 September 2023.



38th Annual State Conference IAPSMWBCON2023 – West Bengal state chapter will be organized by Dept. of Community Medicine, IPGME&R, Kokata on with the theme of Healthy living in the shadows of Climate change on 08/09/2023 to 09/09/2023. Dr. Sinjita Dutta is the Organizing Chairperson and Prof. (Dr. ) Mausumi Basu is Organizing Secretary.

- 28th AP State joint conference of IPHA and IAPSM 2023 Andhra Pradesh state chapter will be organized by Dept. of Community Medicine, GIMSR Visakhapatnam on with the theme of SDGs for better health on 01/09/2023 to 02/09/2023. Dr Jyothipadmaja principal GIMSR is the Organizing Chairperson and Dr S Nagamani is the Organizing Secretary.
- Search Talent And Reward in Community Medicine STAR-COM MED 2023 - A Nationwide Online Research Presentation Competition. Last date of registration – 31st October, 2023
- “Enabling Breastfeeding: Making Difference for Working Parents” Reels making competition for the World Breastfeeding Week, IAPSM and FPHS collaborative activity with Dr.Meenal M Thakare, Joint Secretary IAPSM as coordinator.
- Essay writing competition on the Topic "How to keep your liver Healthy?." On World Hepatitis Day 2023.

## Section 2: The Current Affairs



### NITI Aayog Releases Report - Promoting Millets in Diets: Best Practices across States/UTs of India<sup>1</sup>

Commonly produced millets - Sorghum, Pearl Millet, Finger Millet, Foxtail Millet, Proso Millet, Little Millet, Barnyard Millet, Brown top Millet and Kodo Millet.

Gluten free low glycaemic index food rich in dietary fibre and antioxidants.

Help in digestion, prevent constipation and protect our cells from free radicals.

Rich sources of nutrients like calcium, potassium, magnesium, iron, manganese, zinc and vitamin B complex.

#### Best Practices

State Missions and initiatives to promote millets e.g. Odisha Millet Mission 2017; Chhattisgarh Millet Mission; Bhavantar Bharpayee Yojana, Haryana

Inclusion of millets in ICDS For supplementary nutrition in Chandigarh, Chhattisgarh, Madhya Pradesh, Odisha etc.

IIMR has developed Nutrihub-Technology Business Incubator.

### U-WIN platform for Universal Immunisation Programme<sup>2</sup>

U-WIN, the programme to digitise India's Universal Immunisation Programme (UIP) has been launched to set up an electronic registry for routine vaccinations.

Used to register and vaccinate every pregnant woman, record her delivery outcome, register every newborn delivery, administer birth doses and all vaccination events thereafter.

Single source of information for immunisation services, updating vaccination status, delivery outcome, planning of RI sessions and reports like antigen-wise coverage, reminders for upcoming doses and follow-up of dropouts etc.

Generate real-time data of routine immunisation sessions and vaccination coverage.



### HIV self-testing to take off in India: findings from the STAR Initiative<sup>3</sup>

As recommended by WHO, HIV self-testing (HIVST) is an important step to address gaps in HIV diagnoses including among key populations.

Unitaid funded Self Testing Africa (STAR) initiative is a novel initiative aiming to expand access to HIV testing and linkages to care, particularly among key populations and vulnerable communities.

In this initiative distribution of self-test kits with comprehensive information and counselling services through community-based organizations, pharmacies, and online platforms, coupled.

Can address several challenges such as stigma, lack of privacy, and limited access to healthcare facilities.

Control Points (HACCP) protocol.





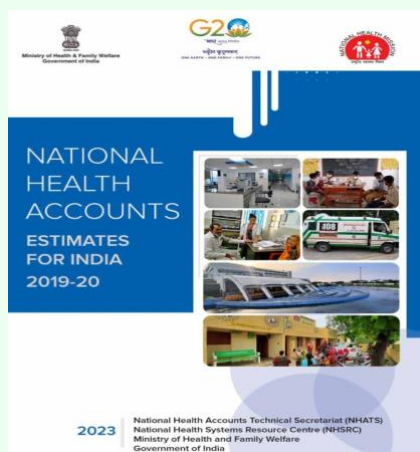
## Trial Run of Blood Bag Delivery under the iDrone Initiative of ICMR successfully conducted<sup>4</sup>

This ground-breaking validation study marks the first of its kind in the country and is the result of collaborative efforts between ICMR, Lady Hardinge Medical College (LHMC) in New Delhi, Government Institute of Medical Sciences (GIMS) in Greater Noida, and Jaypee Institute of Information Technology (JIIT) in Noida.



During the inaugural trial flight, 10 units of whole blood samples were transported from GIMS to LHMC within the visual line of sight. Scientists from ICMR headquarters undertook the protocol development, study design, implementation, and coordination of the project.

## National Health Accounts Estimates for India (2019-20) released<sup>5</sup>



The share of Out-of-Pocket Expenditure (OOPE) in Total Health Expenditure (THE) declined from 62.6% in 2014-15 to 47.1% in 2019-20, while Government Health Expenditure's share in the GDP increased from 1.13% to 1.35% during the same period.

The share of Government Health Expenditure in Total Health Expenditure also rose from 29% to 41.4%. Per capita Government spending on healthcare doubled.

Rise in Social Security Expenditure on healthcare, leading to reduced out-of-pocket payments. The report urged state governments to increase healthcare spending as a percentage of their total budget, promoting citizens' welfare.

## Team IAPSM (2023-24) Office Bearers and Governing Council Members

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1	Dr. A. M. Kadri	National President
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3	Dr. Harivansh Chopra	Immediate Past President
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Sr.No.	Name	Post
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21	Dr. Medha Mathur	EC Member West

### Dear IAPSM Members,

Thank you for taking the time to read our latest E-Bulletin. We are delighted to know that you find it useful and informative for our IAPSM community.

Your support and engagement with the E-Bulletin are invaluable to us. We are constantly striving to improve and provide the best content for our members. If you have any suggestions, feedback, or ideas for future topics, please do not hesitate to reach out to us at [iapsmebulletin@gmail.com](mailto:iapsmebulletin@gmail.com). We welcome your input and are eager to incorporate any changes that will enhance your reading experience.

Together, we can make the E-Bulletin even more beneficial for all members.

Best regards,

Editorial team of स्वास्थ्यम् IAPSM e-Bulletin

#### References:

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