



स्वास्थ्यम् सर्वेभ्यः

INDIAN ASSOCIATION OF PREVENTIVE AND SOCIAL MEDICINE

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स्वास्थ्यम्

IAPSM e - Bulletin

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Message from the IAPSM National President, IAPSM Secretary General and Team IAPSM e-Bulletin



Esteemed Members IAPSM,

I am delighted to announce the release of the eighth issue of our IAPSM Newsletter, a testament to the rich tapestry of activities and accomplishments within our vibrant community.

In this edition, we take pride in showcasing an array of activities, endeavors, and updates that reflect the dynamism and dedication of our members in the diverse realms of preventive and social medicine. Each contribution, from innovative community activities to impactful projects, adds to the collective wisdom of our association.

I extend my heartfelt gratitude to the editorial team of this Newsletter and to all the contributors who have generously shared their expertise, experiences, and insights. Your commitment to the mission of IAPSM is what makes our association a driving force in advancing preventive and social medicine in our nation.

I encourage each member to delve into the pages of this Newsletter, exploring the wealth of knowledge and celebrating the successes of our colleagues. Let this platform serve as a source of inspiration, fostering collaboration and camaraderie among us.

Thank you for your ongoing support, and I look forward to witnessing the continued growth and success of IAPSM through our shared endeavors.



Warm regards,
Dr. Annarao Kulkarni
National President
IAPSM

Dear IAPSM Members,

Excited to share our eighth Newsletter, highlighting diverse activities and achievements in preventive and social medicine. Grateful to contributors and the editorial team for their dedication. Your commitment propels IAPSM's mission, making us a force for positive change. Explore the Newsletter for insights and celebrate our collective successes.

Thanks for your ongoing support; looking forward to our continued growth.



Warm regards,
Dr. Purushottam Giri
Secretary General
IAPSM

Dear IAPSM Members,

It is with great joy that we unveil the fourth issue of our esteemed bulletin, "Swasthyam E-Bulletin," proudly presented by the Indian Association of Preventive and Social Medicine (IAPSM). This edition marks a significant milestone as we share some truly exciting news with you all. We are thrilled to announce that our bulletin has been assigned an online ISSN number: ISSN No. 3048 - 4642.

We extend our heartfelt gratitude to all our readers, contributors, and supporters for your unwavering support. We invite you to explore the latest issue of "Swasthyam E-Bulletin" and join us in celebrating this remarkable achievement.

Regards,
Editorial Team "स्वास्थ्यम्"
IAPSM Newsletter

Annual Bihar State Conference of IAPSM 2025

- IAPSM-BRCON 2025 was successfully hosted by Narayan Medical College and Hospital, Sasaram from 20th to 22nd February 2025, with pre-conference workshops held on 20th February.
- The theme of the conference was “Adolescence to Ageing: Bridging the Gap to Bloom”, and the theme of the pre-conference workshop was “Systematic Review and Meta-analysis”.
- The event took place at the Deo Mangal Auditorium, NMCH Sasaram, and saw enthusiastic participation with 274 delegates registered.
- A total of 16 plenary sessions were conducted on diverse topics such as adolescent health rights, nutrition, menstrual and mental well-being, immunization strategies, digital health, voluntary blood donation, vertical transmission of infections, tuberculosis in adolescents, mentorship in public health education, and designing effective adolescent health programs.
- The scientific program attracted 57 abstract submissions, with 19 papers accepted for oral presentation and 38 for poster presentation.
- Dr. Nipendra Anand, Professor, Department of Community Medicine, NMCH Sasaram, served as the Organizing Chairperson, and Dr. Rahul Chandra, Associate Professor, Community Medicine, NMCH Sasaram, was the Organizing Secretary.



Annual Jharkhand State Conference of IAPSM 2025

- JHIAPSMCON 2025, the 3rd Annual Jharkhand State Conference of IAPSM, was organized by the **Department of Community Medicine, Shahid Nirmal Mahto Medical College & Hospital (SNMMCH), Dhanbad** on **28th and 29th March 2025**.
- The conference theme was **“Non-Communicable Diseases: A Growing Concern for the Community.”**
- A pre-conference workshop on “Navigating the Research Methodology Landscape: From Data to Dissertation” was held on 28th March, featuring 9 sessions attended by PGs & faculty from across India.
- The main conference saw participation from over 200 attendees, including around 100 registered delegates from various medical colleges and representatives from organizations like WHO and UNICEF.
- The inaugural session was graced by eminent dignitaries including **Prof. (Dr) S.K Chaurasia** (Principal, SNMMCH), **Prof. (Dr) Annarao Kulkarni** (IAPSM National President), **Prof. (Dr) Purushottam Giri** (Secretary General, IAPSM), and others from SNMMCH and the Dhanbad district health system.
- The scientific program included 9 scientific sessions, 2 panel discussions, 20 oral presentations (in 2 sessions), and 7 poster presentations focusing on various dimensions of NCDs.
- Key scientific discussions included sessions on cancer overview, innovations in diabetes management, NCDs in children, comorbidities with TB, preventive radiology, occupational health, NCDs among NTDs, community medicine skills, and field experiences in CMAM. Panel discussions focused on childhood obesity and addressing NCD burden through VPD interventions.
- A General Body Meeting of IAPSM Jharkhand Chapter was held during the conference, during which future plans were discussed, and AIIMS Deoghar was selected as the next conference venue.
- The conference concluded with a valedictory, including felicitation of patrons & distribution of awards:
 - Best Oral Presentation (Session 1): **Miss Kantika Yadav**, PhD Scholar, MTMC Jamshedpur
 - Best Oral Presentation (Session 2): **Dr. Gaurav Kumar Roy**, JR, MTMC Jamshedpur
 - Best Poster Presentation: **Dr. Piush Pandey**, JR, IQ City, Durgapur
- Dr. Ravi Ranjan Jha**, Professor & Head, Community Medicine, SNMMCH, served as the Organizing Chairperson, and **Dr. Rishabh Kumar Rana**, Associate Professor, was the Organizing Secretary.



26th Annual Joint State Conference of IAPSM & IPHA

- MHIAPSMIPHACON 2025 was successfully held in Jalgaon from **16th to 18th January 2025**, organized by the **Department of Community Medicine, Dr. Ulhas Patil Medical College**.
- The conference theme, **“Bridging Gaps and Expanding Boundaries Towards the Right to Health,”** highlighted the importance of addressing healthcare access in underserved and remote areas.
- The pre-conference workshops on 16th January witnessed participation from over 100 delegates across various states and featured four expert-led sessions: Systematic Review and Meta-analysis, How to Write a Research Paper, Basics of Bibliometric Analysis, Anthropometric Data Analysis using WHO ANTHRO software.
- The main conference on 17th and 18th January 2025 attracted over 300 participants, including medical professionals, public health experts, policymakers, healthcare leaders, and students from premier medical institutes.
- The event was inaugurated with a lamp-lighting ceremony graced by several distinguished dignitaries including Padmashree **Dr. Ravindra Kolhe, Padmashree Dr. Smita Kolhe, Dr. Ulhas Patil, Dr. Subhash Salunkhe, Dr. Prasad Waingankar, Dr. Purushottam Giri, Dr. Deepak Khismatrao, Dr. Harshal Pandve, Dr. Prashant Solanke, and Dr. Aniket Patil**.
- The scientific sessions opened with a keynote by Dr. Subhash Salunkhe on integrating medical education and public health.
- A special highlight was the interview of Padmashree Dr. Ravindra Kolhe and Dr. Smita Kolhe by Dr. J.V. Dixit, followed by his talk on the Dixit Lifestyle for diabetes and weight loss.
- Dr. Meenal Thakare spoke on bridging digital divides in public health, emphasizing tech-based access.
- Multiple orations covered key themes:
 - Dr. Sangita Adchitre on evolving medical education (Dr. D.N. Pai Oration)
 - Dr. Satish Pawar on urban health challenges (Dr. S.C. Mapuskar Oration)
 - Dr. Gajanan Velhal on senior citizen outreach via RHTC/UHTC (Dr. B.J. Coyaji Oration)
 - Dr. Duryodhan Chavhan on technology in public health (Dr. P.S.N. Reddy Oration)
 - Dr. Subodh Gupta on responsive feeding (Dr. D.K. Ramadwar Oration)
 - Dr. Jitendra Bhawalkar on population genetics in public health (Dr. Mrunalini Pathak Oration)
 - Other notable sessions included Dr. Harshal Salve on air pollution and health, and Dr. Purushottam Giri on the role of artificial intelligence in epidemiology.



- The valedictory function marked the end of the two-day conference, reflecting on the learnings and inspiring future initiatives in healthcare.
- Delegates were awarded 4 MMC credit points, and speakers received 2 additional credit points for their scientific contributions.
- A Scientific Paper Presentation competition was held in two categories – oral and poster. Over 80 delegates participated in the oral category and 18 in the poster category, with winners awarded in both streams.



7th North East Zone Conference of IAPSM 2025

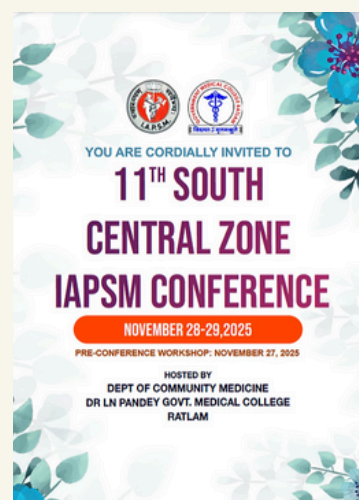
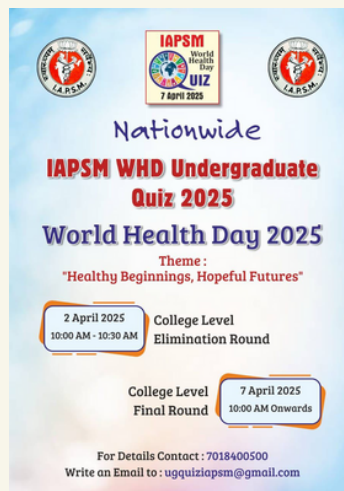
- The 7th IAPSM NEZCON was held from **13th to 15th February 2025 at Aizawl, Mizoram**, organized by the **Department of Community Medicine, Zoram Medical College & Hospital (ZMCH), Falkawn**.
- The conference revolved around the theme “**Building Public Health Partnerships in Northeast India**”, with no special theme for the pre-conference workshop.
- The pre-conference workshop on 13th February 2025 took place at Lecture Hall 4, Academic Block, ZMCH, Falkawn, while the main conference on 14th and 15th February 2025 was hosted at the Assembly House – Annex Building Hall, Government of Mizoram, Aizawl.
- A total of 64 participants registered for the event, marking a robust professional engagement.
- The Inauguration Ceremony was graced by **Dr. Eric Zomawia**, Mission Director, NHM Mizoram, as the Chief Guest, representing the Government of Mizoram.
- The conference featured 16 plenary sessions, covering a wide spectrum of contemporary public health topics such as Palliative Care, the National Mental Health Survey, ICMR-NIN research in Northeast India, and Model Rural Health Research Units (MRHRU).
- Other major themes included Partnerships in Education and Research, Qualitative Research, NHM’s role in Public Health, Cancer in Northeast India, ONE HEALTH, HIV Elimination, CBME 2024-FAP and Newer Competencies, Geriatric Care, Global Public Health, Hospital Event-Based Surveillance & IHIP, and Evidence-Based Medicine.
- A total of 22 abstracts were received. Out of these, 15 were selected for oral presentations and 7 for poster presentations, showcasing diverse academic contributions.
- The conference was steered under the leadership of **Prof. (Dr.) Swati M. Patki**, Dean of ZMCH, as the Organizing Chairperson, and **Prof. (Dr.) Manoj B. Patki**, Head of the Department of Community Medicine, ZMCH, as the Organizing Secretary.



Upcoming Conferences/Events under the aegis of IAPSM

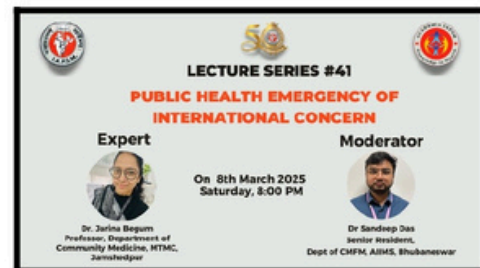


No.	Event name	Organiser and Location	Date
1	World Health Day- 2025 (National Quiz)	IAPSM (Pan-India)	2-7 April 2025
2	IAPSMCON 2025 (52nd Annual National Conference of IAPSM)	Gov. medical college, Srinagar (J&K)	11 -13 April 2025
3	IAPSM KARCON 2025 (5th Karnataka State Conference of IAPSM)	Sri Madhusudan Sai Institute of Medical sciences and research, muddenahalli, Karnataka	12-13 September 2025
4	SCZ IAPSMCON 2025 (11th South Central Zone Conference of IAPSM)	Department of Community Medicine, Dr. LN Pandey Government Medical College, Ratlam, Madhya Pradesh	28-29 November 2025
5	IAPSM RAJCON 2024 (Rajasthan Chapter Conference of IAPSM)	Department of Community Medicine, NIMS University, Jaipur, Rajasthan	7-8 November 2025

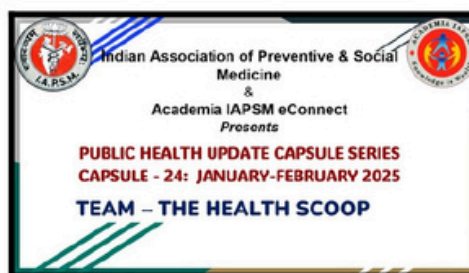
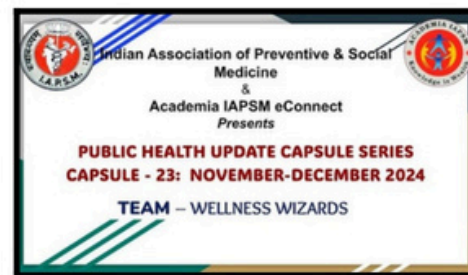
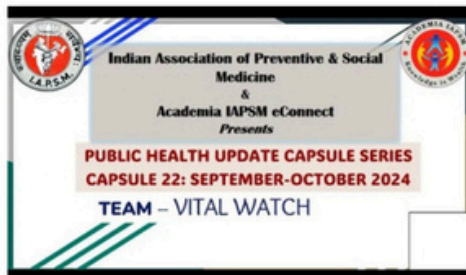




Lecture Series



Capsule Series



PG Seminar



Biostatistics Series



Team IAPSM eConnect

Lecture

Dr Meely Panda
Dr Varun Wani
Dr Priya Wani
Dr Siva Santosh Pentapati

PG Seminar

Dr Pracheth R Dr Debjyoti Mohapatra
Dr Kaushik Damor Dr Pratik Ranjan Nayak
Dr Soni Rani Dr Rudresh Negi
Dr Sahil Goyal Dr Satabdi Mitra

Journal Club

Dr Arvind Kumar Singh Dr Senthil Amudhan
Dr Mousumi Datta Dr Rosana Mary Anto
Dr Kannan S Dr Arvind Gandhi
Dr Anjuman Chaudhary Dr Dhanajayan G
Dr Vishveshwara Rao Guthi Dr Anjusha Ranjit

Public Health Update Capsules

Dr. Malatesh Undi
Dr. Deepanshi Saxena
Dr. Akanksha Tomar
Dr. Swati Shikha
Dr. Abhishek Kumar
Dr. Smiti Nargan

Biostatistics Team

Dr Rupesh Sahu
Dr Nilesh Fichadiya
Dr Vignesh D
Dr Mohd. Maroof
Dr Varun Wani
Dr Madan Majhi
Dr Anshita I Dr Jatin I Dr Vidya

Career Track Series

Dr Neha Patel
Dr Nilima Takhelchangbam
Dr Sarrah Usmani
Dr Mohit Bhardwaj
Dr Latika Chugh
Dr Akash Zanwar
Dr Abdul Basith

eConnect Core

Dr Malatesh Undi
Dr Parag Chavda
Dr Archisman Mohapatra
Dr Medha Mathur
Dr Waseem Ansari

Street Theatre Workshop by IAPSM Gujarat Chapter



- A 3 day Street Theatre Workshop titled “**Acting for Health: Mastering Street Plays for Community Awareness**” was successfully conducted from **10th to 12th February 2025**.
- The event was **organized by IAPSM Gujarat Chapter** in collaboration with the **Dept. of Community Medicine, B.J. Medical College, Ahmedabad** and the **Dept. of Community Oncology, Gujarat Cancer Research Institute (GCRI), Ahmedabad**.
- The workshop centered around the theme “Using Performing Arts to Enhance Health Communication and Community Engagement”, showcasing the creative potential of street theatre as a tool for public health messaging.
- The workshop was facilitated by **Dr. Mohit N. Makwana**, Assistant Professor at GCRI, Ahmedabad, who brought together his expertise in both community health and performing arts to deliver dynamic sessions that motivated participants to harness the power of theatre for public health communication.
- It saw active participation from 30+ postgraduate students of Community Medicine.
- The inauguration ceremony was graced by **Dr. Atulkumar V. Trivedi** (Secretary, IAPSM-Gujarat Chapter), **Dr. A. Bhagyalakshmi**, & **Dr. Shikha Jain**, esteemed faculty from BJMC.
- A total of 7 interactive and practical modules were conducted over three days, focusing on a wide range of theatrical and communication skills.
- A major highlight of the workshop was a **field performance at Nanabet Health Camp**, where participants staged a compelling street play before Indian Army personnel and local villagers, applying their training in a real-life setting.



IAPSM Blogs : An IAPSM initiative for sharing perspectives



- Team IAPSM Blogs is excited to invite blog submissions for the upcoming edition of IAPSM Blogs – a platform where public health professionals, students, and enthusiasts can express their ideas, insights, and experiences.
- The **winners of the current cycle** have been announced:
 - Winner: **'The heaviest Burdern: Lessons beyond textbook'** By **Dr. Urvish Joshi** (<https://iapsm.org/blog/the-heaviest-burden-lessons-beyond-textbooks/>)
 - 1st Runner-Up: **'Road to Dhimsa: Broadcasting hope, health and a brighter future in Koraput'** By **Dr. Madhumiya Bhakta** (<http://iapsm.org/blog/radio-dhimsa-broadcasting-hope-health-and-a-brighter-future-in-koraput/>)
 - 2nd Runner-up: **'Are vehicles with green numbers plates really eco friendly?- A korero'** By: **Dr. Rituja Kaushal** (<http://iapsm.org/blog/are-vehicles-with-green-number-plates-really-eco-friendly-a-korero/>)
- The winners are being recognized with: Monetary Prizes, Certificates of Appreciation & Recognition on National Platform <https://iapsm.org/blog/blog-writing-competition/>
- We now warmly invite new blog submissions for the next cycle!
- Whether it's a thought-provoking commentary, a field experience, or a unique perspective on a public health issue—your voice matters.
- Submit and get a chance to be a part of the next edition of Blogologue, receive national recognition, win cash prizes and certificates and contribute meaningfully to the public health discourse.
- To take this initiative further, we are now publishing Blogologue, a compendium of selected IAPSM Blogs, at regular intervals.
- This curated publication showcases the best contributions and brings together powerful voices from across the country who are shaping the narrative in public health. <https://iapsm.org/blog/blogologue/>
- Send your entries to: blogsapsm@gmail.com
- For any queries contact: Dr Medha Mathur
- **Submission guidelines:** <https://iapsm.org/blog/how-to-submit-blog/>



IAPSM Public Health Infographics (IPHI) Initiative: Enhancing Health Communication Through Visual Media



- **Infographics**, which integrate data with compelling visuals, serve as an effective medium for disseminating public health messages. Research indicates that visual content is processed approximately 60,000 times faster than textual information, thereby enhancing comprehension, recall, and the long-term impact of essential health data. Furthermore, infographics can transcend language barriers, making them particularly valuable for audiences with diverse levels of health literacy.
- As part of its ongoing commitment to innovative health communication, the Indian Association of Preventive and Social Medicine (IAPSM) launched the IAPSM Public Health Infographics (IPHI) initiative.
- The **objective of this initiative** is to promote the creation and distribution of high-quality visual content in public health through a structured process of infographic submissions.
- **Submission Process:** Submissions were invited through periodic calls for contributions, centered around specific public health themes. Detailed guidelines for submission were made available on the IAPSM national webpage to ensure clarity regarding content standards and formatting requirements. Each submission underwent a rigorous preliminary review by a designated editorial team to evaluate its quality, relevance, and originality. Plagiarism screening was an integral part of this process to maintain academic integrity.
- **Social Media Dissemination:** Infographics that met the quality criteria were disseminated via official IAPSM social media platforms to enhance visibility and public engagement. Contributors were credited and tagged in these posts, providing recognition and expanding their professional reach.
- **Recognition of Excellence:** To incentivize high-quality contributions, top-performing infographics for each theme were selected by the review team. The creators of these exemplary works were featured prominently on social media, acknowledging their excellence and encouraging continued participation in the initiative.
- **Web-Based Repository:** All approved infographics were systematically categorized by theme and uploaded to the IAPSM national webpage. This curated digital repository was designed to facilitate accessibility and serve as a valuable resource for public health education and community outreach.



IAPSM Public Health Infographics (IPHI) Initiative: Enhancing Health Communication Through Visual Media



- Thematic Editions and Outcomes:
- **Theme 1: Poshan Maah**
 - The inaugural theme, focused on Poshan Maah, received 20 submissions.
 - Of these, 16 were selected for publication in Graphic-e-Health Edition 1, Issue 1.
 - The winners for this theme were **Dr. Krupa Sravanthi and Dr. Poojitha Shreeradha**, recognized for the outstanding quality and impact of their submissions.
- **Theme 2: Mental Health**
 - The second theme centered on Mental Health garnered 54 submissions.
 - Out of these, 28 infographics were selected for Graphic-e-Health Edition 1, Issue 2.
 - **Dr. Markapudi Prasanna Kumar and Dr. Hemangini Kishore Shah** were recognized for their exceptional contributions in this edition.
- **Theme 3: Antimicrobial Resistance (AMR)**
 - The third theme addressed Antimicrobial Resistance, drawing 9 submissions.
 - Of these, 8 were chosen for inclusion in Graphic-e-Health Edition 1, Issue 3.
 - The winning entries were contributed by **Dr. Nilufar Mondal and Dr. Irene Haque**, whose work was acknowledged for its creativity and public health relevance.
- Each thematic cycle reflected the initiative's emphasis on engagement, creativity, and educational value.
- The IPHI initiative continues to serve as a dynamic platform for promoting visual literacy in public health, encouraging professionals to communicate complex health information through accessible and impactful designs.



Results of Election IAPSM 2025



• Declaration of the Final Results for various positions of IAPSM Election 2025

President	Maj Gen (Prof) Dr. Atul Kotwal	
Vide President	Dr. S M Salim Khan*	
Secretary General	Dr. Manish Kumar Singh	
Editor-In-Chief	Dr. Pankaj Bhardwaj	
Zones	IJCM Editorial Board Members	Executive Members of GC
North	2 posts vacant	Dr. Anmol K. Gupta
		Dr. Sarit Sharma
North Central	Dr. Siva Santosh Kumar Pentapati	Dr. Sandip Kumar
	Dr. Bhavna Jain	Dr. Ajeet Singh Bhadoria
West	Dr. Krupal Joshi	Dr. Anish Sinha
	Dr. Anjali Modi	Dr. Parag Kumar Chavda
South 1	Dr. Senthil Amudhan R	Dr. Pracheth R
	Dr. Sudha Bala	Dr. Malatesh Undi
South 2	Dr. V. Damodaran	Dr. G M Muhammad
	1 post vacant	Dr. J. Anaiappan
South Central	Dr. Neelam Anupama Toppo	Dr. Vikas Kshirsagar
	Dr. Yogita Bavaskar	Dr. Hemangini K. Shah
East	Dr. Bobby Paul	Dr. Rivu Basu
	1 post vacant	1 post vacant

- Vacant posts will be filled up in concerned zones as per constitution of IAPSM.
- *Vice President post is assigned to Dr. S M Salim Khan as proposed by team of the organizing institute of 52nd National IAPSM Conference at Srinagar.
- Special Thanks to IAPSM Election Panel 2025: **Dr A M Kadri, Dr. Shib Sekhar Datta, Dr. Medha Mathur.**

Checkout
Guidelines for Submission of IAPSM E-Bulletin &
Previous issues of IAPSM e-Bulletin

[IAPSM e-Bulletin](#)



Stay Connected with IAPSM:



Team IAPSM (2025-26) Office Bearers & Governing Council Members



Sr. No.	Name	Post
1	Dr. Ashok Bhardwaj	National President
2	Maj Gen (Prof) Dr. Atul Kotwal	President Elect
3	Dr. Annarao Kulkarni	Immediate Past President
4	Dr. S M Salim Khan	Vice President
5	Dr. Manish Kumar Singh	Secretary General
6	Dr. B Thirumala Rao	Joint Secretary
7	Dr. Medhavi Agarwal	Treasurer
8	Dr. Pankaj Bhardwaj	Chief Editor of IJCM
9	Dr. Rivu Basu	EC Member East
10	Dr. Anish Sinha	EC Member West
11	Dr. Parag Kumar Chavda	EC Member West
12	Dr. Vikas Kshirsagar	EC Member South Central Zone
13	Dr. Hemangini K. Shah	EC Member South Central Zone
14	Dr. Anmol K. Gupta	EC Member North Zone
15	Dr. Sarit Sharma	EC Member North Zone
16	Dr. Sandip Kumar	EC Member North Central
17	Dr. Ajeet Singh Bhadoria	EC Member North Central
18	Dr. Pracheth R	EC Member South Zone 1
19	Dr. Malatesh Undi	EC Members South Zone 1
20	Dr. G M Muhammad	EC Member South Zone 2
21	Dr. J. Anaiappan	EC Member South Zone 2

Dear IAPSM Members,

Thank you for taking the time to read our latest Newsletter. We are delighted to know that you find it useful and informative for our IAPSM community.

Your support and engagement with the Newsletter is invaluable to us. We are constantly striving to improve and provide the best content for our members. If you have **any suggestions, feedback, or ideas** for future topics, please do not hesitate to reach out to us at iapsmebulletin@gmail.com. We welcome your input and are eager to incorporate any changes that will enhance your reading experience.

Together, we can make the Newsletter even more beneficial for all members.

Best regards,

Editorial team of स्वास्थ्यम् IAPSM e-Bulletin



iapsmebulletin@gmail.com

CONTACT US



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