



Foundation for  
People-centric  
Health Systems



Indian Association of Preventive and Social Medicine and  
Foundation for People-centric Health Systems, New Delhi

## Public Awareness Webinar Series on *Staying Healthy*

**JULY - DEC 2023**

Second Wednesday of every month from 6:00 to 7:00 pm

### SCHEDULE & STRUCTURE



12 July 2023  
**HYPERTENSION**



09 August 2023  
**LIPID DISORDERS**



13 September 2023  
**DIABETES**



10 October 2023  
**MENTAL HEALTH**



8 November 2023  
**OBESITY AND  
OVERWEIGHT**



13 December 2023  
**THYROID  
DISORDERS**

### Session plan

Three experts each:

- Epidemiology (a public health specialist).
- Management in primary care settings (family physician or general practitioner).
- Secondary care or tertiary care level (by a specialist).

Moderated by: **DR. CHANDRAKANT LAHARIYA**

### Webinar Coordinators



**Dr. Meenal Thakare**  
Joint Secretary, IAPSM



**Dr. Twinkle Sharma**  
Program Officer, FPHS

### Leadership Team



**Dr. AM Kadri**  
President, IAPSM



**Dr. Purushottam Giri**  
Secretary General, IAPSM



**Dr. Chandrakant Lahariya**  
Senior Physician and  
Public Health Expert



This webinar series is being organized as part of the MoU between IAPSM and FPHS.

- A third professional association related to that topic of webinar will be co-organizing.
- The webinar will be live streamed on the YouTube channel of FPHS.