



IAPSM NEWSBULLETIN



Quarterly Newsbulletin of
Indian Association of Preventive and Social Medicine
National HQ India

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Editorial



It gives me great pleasure to bring out this inaugural issue of the Quarterly e-newsbulletin of IAPSM National HQ in context to the commitment made by Team IAPSM 2016 in the first Governing Council meeting held on 26th May 2016 at Ahmedabad, Gujarat. This newsbulletin would symbolize the true spirit of IAPSM and would keep a tab on the quarterly account of activities of the association. In addition it would disseminate wide ranging information to the members of this body, thus keeping them involved & committed to taking our association towards newer horizons. The main thrust of this quarterly news bulletin is to keep the authorities & other functionaries in the field of Community Medicine / Public Health apprised of our goals and also let them know how much we have achieved in our mission.

I would also like to inform all members that we have also started two new e-forums i.e. Career Counselling & Research Guidance forums for PGs and young faculty.

It is my pleasure to share with you that now our esteemed body has official IAPSM Flag, Flag Salutation & IAPSM Prayer & as per the unanimous decision taken at first GC meeting held at Ahmedabad, Gujarat, all the official events e.g. meetings, workshops, seminars, conferences etc. shall start with flag on dais, National Flag Salutation and IAPSM prayer.

I wish to express my deep sense of gratitude to the honourable members of IAPSM for reposing their profuse confidence in me. It is only their trust and unmitigated faith which has propelled me to assume the very august & esteemed office of the National President of this prestigious body.

I invite all members to please contribute their viewpoints from time to time. Your feedback with concrete suggestions is eagerly awaited to make this newsbulletin more useful.

We are also going to publish this news bulletin in limited copies without taking any funds from IAPSM.

I am cordially thankful to all my colleagues, especially the editorial team for extending their whole hearted help and cooperation.

Wishing you a very happy Independence Day.

Long Live Active & Accountable IAPSM!

Jai Hind!

With warm regards,

Dr. Ashok Mishra
National President,
IAPSM

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Launching of IAPSM Flag

in GC meeting held at Ahmedabad, Gujarat
on 26th May 2016



First GC meeting was held on 26th May under the chairmanship of National President Dr. Ashok Mishra at Ahmedabad. In that meeting Dr. Ashok Mishra & Dr. A.M. Kadri unveiled the official flag of IAPSM and 30 point agenda was discussed in detail and many important decisions were taken covering various aspects of IAPSM body and PSM. Every member participated in the discussion. In the meeting unanimous decision was taken that all official events of IAPSM eg. meetings, workshops, seminars, conferences etc. shall start with National IAPSM flag on dais followed by flag salutation and IAPSM prayer.

FLAG SALUTATION

“We, the accredited members of IAPSM stand here to salute our National Flag, “The Tiranga” and we shall do everything in our power to see it fly high & fearlessly amongst all.

We take pledge that we shall protect it with the last breath in our body & shall lay down our lives upholding its honour & glory”.

PRAYER OF IAPSM

“O God, my Lord, I start my studies with your worship & always pray for success. Please illumine my path & make all my work free of obstacles.

Whatever actions I perform with my body, speech, mind, senses & intellect – I dedicate them all to the service of humanity.

May all be healthy, may all attain peace,
May none suffer, may all be blessed.
I offer my salutations to you, my Lord,
Take me under your benediction”.



IAPSM Flag Specifications

- Cloth Satin Silk - on both sides.
- Shade - Royal Blue.
- Size - 9 X 6 Inches (L X W) Ratio = 3 : 2
- Colour of IAPSM logo - Outer circle white and inner circle red
(Either Printed or Embroidered on both sides) as shown in IAPSM website.
- Please follow the standards of our National Flag as laid down in ‘National Flag Code’ of India by Bureau of Indian Standards.



IAPSM Achievers

DR. SHARAD SAPRA,

MBBS, MD



Dr. Sharad Sapra is considered a pillar of Community Medicine. Born in a reputed family of Gwalior, Madhya Pradesh, he completed his schooling in Gwalior. He qualified the medical entrance examination and opted for Gajra Raja Medical College in his hometown Gwalior. He passed M.B.B.S. with flying colours & did his post graduation in Community Medicine from the same institution.

Dr. Sapra has a very fertile brain & also a very creative imagination. He photographed young children suffering from vaccine preventable diseases like Poliomyelitis, Diphtheria, Pertussis, Tetanus, Tubercular meningitis etc. These photos were used as posters & were distributed to all the health facilities throughout the country by GOI/UNICEF to create awareness regarding vaccine preventable diseases.

Dr. Sapra has had an extremely illustrious career till date. Prior to the present post he was the Director of UNICEF Innovations. He has served UNICEF in various capacities such as UNICEF Country Representative in Iran, Afghanistan and Uganda. He has also served as Director of Life Line Sudan and Director of Communication for UNICEF. Dr. Sapra has also served in India, Maldives and Bangladesh.

Dr. Sapra is currently the Special Advisor to UNICEF on Innovations. He is married and has two children.

DR. CHANDRAKANT LAHARIYA,

*MBBS, MD, DNB, MBA, PGDHHM,
MNAMS, FRSTMH, FICMCH, FIPHA*



Dr. Chandrakant Lahariya is a young achiever with many 'youngest ever' to his credit. He qualified in All India Medical/Dental Entrance Exam in the year 1998 achieving top rank. He did his U.G. from M.A.M.C., Delhi & opted for Community Medicine as an area of specialization for his P.G. degree (2004-07). He joined as Assistant Professor, Dept. of Community Medicine in 2007 at G.R. Medical College, Gwalior, M.P. & worked for about 1 year. He also provided consultancies to national & international agencies. He has more than 12 years of work experience. He is known for "result oriented approach" and his work focuses upon "implementing the recommendations" and combines 'preaching with practice' and some 'walking with talking'.

He is one of the key Indian experts for introduction of new vaccines in public health programmes of India including Measles second dose, Hepatitis B vaccine and Haemophilus influenza type b (Hib) as pentavalent vaccine. He is member of Govt. of India's Steering Committee, which drafted India's next National Health Policy (2015). He has provided technical assistance to the Dept. of Health & Family Welfare of many Indian states.

Dr. Lahariya has more than 70 publications in national and international journals to his credit, has also written a book and also contributed chapters for another 15 books. He has been youngest guest editor for a special series on child survival in 'The Indian Journal of Paediatrics' published in 2010 and member, editorial board for around 35 national & international medical journals.

Dr. Lahariya is the recipient of GOI/ICMR's prestigious 'Dr. B.C. Srivastava Foundation Prize'. He has started a well-known web-based forum called 'IAPSM Youth Committee', which provided interactive platform for students to approach each other with academic work. He has travelled to nearly 29 states /union territories in India and has been to more than 35 countries in 5 continents. Dr. Lahariya is currently working as National Professional Officer- Universal Health Coverage, World Health Organization, Country Office, New Delhi for India.

IAPSM *Activities at a glance*

FIRST GC MEETING OF IAPSM

The First GC meeting was held on 26th May under the chairmanship of National President Dr. Ashok Mishra at Ahmedabad.

In that meeting Dr. Ashok Mishra & Dr. A.M. Kadri unveiled the official flag of IAPSM.



WORLD HEALTH DAY QUIZ

The Indian Association of Preventive & Social Medicine (IAPSM), made a mark on 7th April 2016 by successfully organizing a Nation wide Quiz competition for MBBS students in various Medical Colleges of the country. This year's theme was "Beat Diabetes".

Around 215 Medical Colleges & 4000+ students participated in the elimination round. Main quiz conducted in participating Medical Colleges attracted the attendance of more than 35000 students & faculties.

The elimination round based on multiple choice questions was held on 5th April 2016 followed by main quiz on 7th April 2016. IAPSM provided all the technical support.

The unique thing about this event was that it was for the first time in the history of IAPSM that a quiz competition was organized at a National level on same day everywhere and it was a *zero budget activity*.



First GC Meeting: (01-03, G.C. Meeting at Ahmedabad on 26th May 2016);

WORLD HEALTH DAY QUIZ 2016: (04. Audio-visual round, GLS Medical College; 05. Elimination round, Rangraiya Medical College; 06. Final Quiz, GMC, Chandigarh; 07. Prize Distribution, GMC, Chandigarh; 08. Audience and 09. Elimination Round, Lady Hardinge Medical College, Delhi; 10. Final Round, GMERS, Patan, Gujarat; 11. Audience M.M. Medical College, Himachal Pradesh; 12. Final Round, GAIMS, Bhuji.)

IAPSM *Activities at a glance*



WORLD HEALTH DAY QUIZ 2016: (01. Organizing Quiz, Karuna, Kerala; 02. Final Round, KMC, Manipal, Karnataka; 03. Final Round ESICMC, KMC, Karnataka; 04. Organizing final Quiz, GMC, Aurangabad; 05. Prize distribution, Seth GS Medical College; 06. Index Medical College, Indore; 07. Winners & Organizers, AIIMS, Raipur; 08. Elimination round AVMC&H, Pondicherry; 09. Organizers GMC, Amritsar, Punjab; 10. Final Quiz Round, Medical College, Jorhat; 11. Prize distribution with winner team; 12. Final Round, Silchar Medical College, Assam; 13. Elimination round Hi Tech Medical College; 14. Prize distribution MGMC&RI, Pondicherry; 15. Main Quiz, GMKMC, Tamilnadu.)

IAPSM *Activities at a glance*



WORLD HEALTH DAY QUIZ 2016: (01. Audience Main Quiz, IGMC, Shimla; 02. Main Quiz PDUMC, Rajkot, Gujarat; 03-04. Display of Banner and Elimination Round, RIMS, Ranchi; 05. Audience, Amala, Kerala; 06. Final quiz round, DMC, Punjab; 07. Prize distribution, RNT Medical College, Udaipur; 08. Final Quiz Teams & Audience, LMC, Jhalawar; 09. Participants & Audience, Uttar Pradesh; 10. Elimination round, Vinayaka Mission Medical College, Tamilnadu; 11. RD Gardi MC Ujjain; 12. GMC Bhopal; 13. GMC Bhopal; 14. SSMC Rewa; 15. BMC Sagar.)

IAPSM *Activities at a glance*



WORLD HEALTH DAY QUIZ 2016: (01. JLNMC Raipur; 02. JLNMC Raipur; 03. PCMS Bhopal; 04. GRMC Gwalior; 05. Audience & Teams, GRMC, Gwalior, Madhya Pradesh; 06. GRMC Gwalior; 07. GRMC Gwalior; 08. Jagdalpur; 09. Jagdalpur; 10. NSCBMC Jabalpur; 11. NSCBMC Jabalpur; 12. LNMCM Bhopal; 13. LNMCM Bhopal; 14. MGGMC Indore)

15. DIABETES AWARENESS CAMPAIGN on WHD at Theme Road, Gwalior

IAPSM *Activities at a glance*

WORLD TB DAY 2016

Every year World TB Day is observed on 24th March. This year it was observed under the aegis of IAPSM across the country in the form of different activities like Seminars, CMEs, Rallies, Awareness campaigns etc.



WORLD NO TOBACCO DAY 2016

Every year World No Tobacco Day is observed on 31st May. This year's theme was 'Get Ready for Plain Packaging'. Different activities & events were organized with technical support from IAPSM in different Medical Colleges throughout the country like Rallies, Quiz, Power point presentations, Awareness campaigns, Counselling, Poster & E-poster making competition and Debates etc.



WORLD TB DAY 2016: (01-06. Held at GRMC with Collector of Gwalior as Chief Guest)

WORLD NO TOBACCO DAY 2016: (07-08. On the occasion of World Cancer Day (04/02/2016) inauguration by Dean Medical College, Rajnandgaon and CMHO, Rajnandgaon District-C.G.; 09. World No Tobacco day, GMERS, Sola, Gujarat; 10. Poster exhibition, GMERS, Sola, Gujarat; 11-12. GRMC, Gwalior)

IAPSM *Activities at a glance*



CONFERENCES & WORKSHOPS



WORLD NO TOBACCO DAY 2016: (01. GRMC, Gwalior, 02-03. At District Jail Rajnandgaon, CG. Guest lecture was delivered by Asst. Prof. Dr. Dhiraj Bhawnani under the guided material by IAPSM.; 04-05. Role play by GMC Rajnandgaon MBBS students on the occasion of World Cancer Day; 06. JLNMC Ajmer: Yoga Day celebration.) **CONFERENCES & WORKSHOPS :** (07-10. 5th SC Zone conference of IAPSM at BMC, Sagar, 11-12. National Seminar on Occupational Health, AIIMS Jodhpur; 13-15. Meeting of RNTCP M.P. State Task Force at GRMC, Gwalior)

PILLARS OF IAPSM

<i>Dr. A.K. Bharadwaj</i>	<i>Dr. Jugal Kishore</i>	<i>Dr. S.C. Mohapatra</i>
<i>Dr. A.K. Govila</i>	<i>Dr. L.M. Nath</i>	<i>Dr. S.C. Tiwari</i>
<i>Dr. A.P. Kulkarni</i>	<i>Dr. M.K. Sudarshan</i>	<i>Dr. S.K. Pradhan</i>
<i>Dr. Abdul Rauf</i>	<i>Dr. P.K. Kasar</i>	<i>Dr. Sanjay Chaturvedi</i>
<i>Dr. Akhilesh Bhargava</i>	<i>Dr. Pradeep Khanna</i>	<i>Dr. Sanjay Zodpey</i>
<i>Dr. Amarjeet Singh</i>	<i>Dr. Puneet Misra</i>	<i>Dr. Sundar Lal</i>
<i>Dr. (Mrs.) Amita Kashyap</i>	<i>Dr. R.K. Bansal</i>	<i>Dr. Umesh Kapil</i>
<i>Dr. B.S. Garg</i>	<i>Dr. Raghunath Misra</i>	<i>Dr. V.K. Shrivastav</i>
<i>Dr. C.S. Pandav</i>	<i>Dr. Rajesh Kumar</i>	<i>Dr. (Mrs.) Vikas Desai</i>
<i>Dr. D.K. Pal</i>	<i>Dr. Ram Chandra Goyal</i>	<i>Dr. Zile Singh</i>
<i>Dr. G. Krishna Babu</i>	<i>Dr. S. Vivek Adhish</i>	

HELPING HANDS

<i>Dr. Abhik Sinha</i>	<i>Dr. Khursheed Muzzamil</i>	<i>Dr. S. Elango. MD</i>
<i>Dr. Anil Purty</i>	<i>Dr. Lalit Sankhe</i>	<i>Dr. S. Md. Salim Khan</i>
<i>Dr. Anmol Gupta</i>	<i>Dr. Manju Toppo</i>	<i>Dr. S.K. Rasanian</i>
<i>Dr. Annarao G. Kulkarni</i>	<i>Dr. Naveen Goel</i>	<i>Dr. S.R. Mazta</i>
<i>Dr. Anupam Banerjee</i>	<i>Dr. Preeti Padma</i>	<i>Dr. Sai Shankar Prathap</i>
<i>Dr. Babu Rao</i>	<i>Dr. Purushottam Giri</i>	<i>Dr. Salabh Sharma</i>
<i>Dr. Bhavesh Modi</i>	<i>Dr. R.R. Shinde</i>	<i>Dr. Sanjay Pandey</i>
<i>Dr. C.M. Singh</i>	<i>Dr. Rajesh Kumar Konduru</i>	<i>Dr. Shamim Haider</i>
<i>Dr. Ipsa Mahapatra</i>	<i>Dr. Rakesh Bahal</i>	<i>Dr. Sukamal Bisoi</i>
<i>Dr. J.S. Thakur</i>	<i>Dr. Rakesh Kakkar</i>	<i>Dr. Tulika Goswami</i>
<i>Dr. Kannian Binub</i>	<i>Dr. Ramesh Verma</i>	<i>Dr. Veera Kumar</i>
		<i>Dr. Venu Chandrashekhara</i>

Note: The names are in alphabetical order and not according to seniority.

IAPSM FORUMS FOR PGs & YOUNG FACULTY

Career Counselling Forum

Coordinator : **Dr. Puneet Misra**
link: <https://iapsm.gnomio.com>

Research Guidance Forum

Coordinator : **Dr. A.P. Kulkarni**
link: <https://iapsm.gnomio.com>

**For any technical assistance,
please contact :**

Dr. Shyam Singhal

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TRIBUTE



Dr. Harcharan Singh



Dr. I.C. Tiwari



Dr. Deoki Nandan



Dr. Bir Singh

DR. RAJESH KUMAR

- "National Academy of Medical Sciences (India) has invited Dr Rajesh Kumar to deliver Dr R. V. Rajam Oration in its National Conference to be held in AIIMS Raipur from 21st to 23rd October 2016"/WHO and RNTCP (Govt of India).

**DR. ANUPAM BANERJEE**

- National Quiz Master, designed the template and tool kit of the World Health Day quiz and preparation of the questions for screening and the final round for Diabetes Quiz.

**DR. ARKAPRABHA SAU**

- Recipient of "Kalu Ram Memorial Award" for Best Paper 2016.
- Recipient of "Prof. M. M. Ganguly Memorial Award" for Best Oral Paper 2016.
- IAPSM (WB) Grant for Best Research Project 2016.
- 2nd Prize for "Professor Ranadeb Biswas Memorial Poster Presentation" 2016.



IAPSM

Bouquets & Honours

DR. RENU BEDI

- Organized CME on Developing an insight about FAIMER AND RESEARCH METHODOLOGY.
- Organized workshop on ICF.

**DR. ANKIT M. SHETH**

- Designed IAPSM WHD Quiz 2016 Logo.
- Designed IAPSM WHD Quiz 2016 Flyer.

**DR. GINISHA GUPTA**

- Presented poster at International conference under Epidemiology Congress of Americas held at Miami, Florida on 24th June 2016.

**DR. ANIL PURTY**

- Nominated as regional coordinator (South) by CReATE group to network with the group of 25 Institute Ethics Committees.
- Appointed PI by ICMR in National TASK force meeting on important project on Hypertension.
- Member of National Steering Committee (2016-17) for the Global Fund/WHO and RNTCP (Govt of India).

**DR. NAUSHAD ALAM**

- Recipient of Best Paper award among faculty at 5th South Central Zone & 15th MP-CG State Chapter IAPSM conference, held on 23th-24th April at Sagar.

**DR. MIHIR RUPANI**

- Recipient of H M Patel Memorial Young Scientist Award for Best Paper at Annual IAPSM Conference Gujarat Chapter on 9th Jan 2016.



UPCOMING EVENTS

IAPSM is looking forward to many upcoming events like

1. Booster 2016 - V Annual Gujarat PG meet is going to be hosted by Department of Community Medicine, M.P. Shah Government Medical College, Jamnagar on 5th-6th August 2016.
2. XIX Annual Conference of IAPSM- UP & UK state to be organized by Department of Community Medicine, Shri Ram Murti Smarak, Institute of Medical Sciences, Bareilly on 15th - 16th October 2016.
3. III North East Zonal Conference of IAPSM and IPHA to be organized by Department of Community Medicine, Gauhati Medical College and Hospital, Guwahati on 22nd-23rd October 2016.
4. XX Annual Conference of North Zone, Indian Association of Preventive and Social Medicine to be organized by Department of Community Medicine, Maharishi Markandeshwar Medical College, Solan, Himachal Pradesh on 25th-26th November 2016.
5. 44th IAPSM National Conference to be organized by IAPSM West Bengal Chapter on 10th-12th February 2017 (pre conference workshop on 9th February 2017) with the theme of 'Building partnerships towards sustainable development' at Kolkata.



सहारा हॉस्पिटल

19-ए, वसंत विहार, ग्वालियर (म.प्र.)

न्यूनतम दर्शों पर श्रेष्ठतम उपचार

उपलब्ध सेवा

- हृदय रोग ● मस्तिष्क एवं तंत्रिका रोग
- नाक-कान-गला रोग
- पेट, उदर व लीवर रोग
- श्वास एवं छाती रोग
- क्रिटिकल केयर (आकस्मिक उपचार)
- चर्म रोग ● नेत्र रोग ● दंत रोग
- न्यूरो सर्जन ● हड्डी रोग
- प्लास्टिक सर्जरी ● जनरल सर्जरी
- गुर्दा रोग ● कैंसर रोग ● मूत्र रोग
- बाल रोग ● स्त्री एवं प्रसूति रोग

सहारा अपोलो ओ.पी.डी.

- अपोलो हॉस्पिटल के सुपर स्पेशलिस्ट विशेषज्ञों द्वारा परामर्श एवं उपचार

इमरजेंसी सुविधाएं

- दिल का दौरा
- लकवा
- दुर्घटना
- विषपान
- सर्पदंश
- दमा
- सिर जबड़े व रीढ़ की हड्डी की चोट
- जले व झूलसे रोगियों के उपचार के लिए
- 24 घण्टे उपलब्ध दवाएँ

24 घण्टे
इमरजेंसी
सेवाएँ
उपलब्ध

कान, नाक, गला रोग विभाग

प्रमुख चिकित्सक : डॉ. ए.एस. भल्ला MS, PhD.

इलाज व ऑपरेशन द्वारा सर्वोत्तम इलाज

- कान का बहना, पर्दे का छेद, सुनाई कम देना, जन्मजात विकृति व बहरापन
- पुराना जुकाम, साइनस, पॉलिप टेढ़ा पर्दा, टेढ़ी, बड़ी या दबी हुई नाक
- टॉसिलस, एडिनायड, गर्दन की गठानें, आवाज बैठना, मुँह का न खुलना, कटा होठ व तालू
- नाक, कान, गले की दूरबीन से जांच व फंसी हुयी बाहरी वस्तु को निकालना
- थायरायड, लार ग्रंथी की गठानें और जीभ, मुँह, गला, गर्दन के कैंसर
- नाक, चेहरे व जबड़े के फ्रैक्चर और चक्कर आना, पुराना सिरदर्द

अन्य सुविधाएं

- बेहरेपन की जांच व मशीन लगाने की सुविधा, OAE, Tympanometry, BERA with ASSR स्पीच थैरेपी-हकलाहट, तोतलापन
- आर्मी में भर्ती से पूर्व कान, नाक गला की जांच सुविधा व उचित इलाज

काविलयर इम्प्लांट क्लीनिक

- बहरे बच्चों के लिए आशा की नई किरण काविलयर इम्प्लांट ऑपरेशन के लिए मोडूलर ओटी की सुविधा।
- ऑपरेशन पूर्व एवं पश्चात सभी आवश्यक जांचे उपलब्ध।
- ऑपरेशन के पश्चात स्पीच थैरेपी की सुविधा मात्र सहारा हॉस्पिटल में उपलब्ध।

मेडिकलेम डिपार्टमेंट

- मेडिकलेम पॉलिसी धारकों के लिए कैश लैस हॉस्पिटलाइजेशन
- सभी कम्पनियों के कैश लैस कार्ड मान्य हैं।
- जनरल हेल्थ चेकअप एवं प्री एम्प्लायमेंट हेल्थ चेकअप की सुविधा

अन्य सुविधाएं

- दुर्घटना उपचार इकाई
- मेडिकल आई.सी.यू. (वेन्टीलेटर सुविधा सहित)
- सर्जिकल आई.सी.यू.
- अतिआधुनिक चिकित्सीय उपकरण से सुसज्जित ऑपरेशन थियेटर
- योग्य एवं अनुभवी चिकित्सकों की टीम जो किसी भी इमरजेंसी से निपटने में पूर्णतः सक्षम है
- जाँचे-एक्सरे, अल्ट्रा साउण्ड, कलर डॉप्लर, सी.टी. स्कैन, टी.एम.टी., इको, पी.एफ.टी एवं पैथोलॉजी एक ही छत के नीचे

सामान्य ऑपरेशन

- हर्निया ● अपेंडिक्स
- दूरबीन के माध्यम से पित्ताशय की पथरी
- यूरटर की पथरी
- बच्चेदानी का ऑपरेशन (सामान्य एवं दूरबीन से)
- सिजेरियन व सामान्य प्रसव
- अन्य स्त्री रोग
- निःसंतानता की जांच एवं आधुनिक इलाज (आई.यू.आई.)
- हड्डी के फ्रैक्चर के ऑपरेशन
- फिजियोथैरेपी, मोतियाबिंद का ऑपरेशन
- क्वालिटी डायलिसिस
- कान के पर्दे व बहरेपन का ऑपरेशन
- स्वर तंत्र के ऑपरेशन

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